Race Day Info
Date:
Saturday, November 11, 2017

#### Schedule:

I.5 mile walk: 8:00 am

'4 mile Kids' Run: 8:30 am

5K and IOK: 8:45 am

Join us for a post-walk/run party

starting at 8:30!

#### Location:

27577 Dutch Lane,
Washington, IL 61571
bethanycommunitychurch.org/
directions

# Race Packet Pickup Times:

Friday, November 10 from 3-6 pm at Bethany Community Church or race morning from 7:00-8:15 am

#### Awards:

Awards will be given to the male and female winner in both the 5K and 10K and to the top male and female runner in each age bracket. All Kids' Run participants will receive a ribbon.

## Age brackets:

14 and Under 15-19 20-29 30-39 40-49 50-59 60 and Up

### Registration Information

# Sign up online here: www.bethanycommunitychurch.org/

www.bethanycommunitychurch.org/ runforthehouse

#### **Questions?**

For registration questions contact Jason Padiak at jspadiak@gmail.com

For general race questions contact Ben Davidson at ben@bethanycommunitychurch.org

Official timing provided by:



High-fives and cheers provided by:







# 5K & IOK RUN 1.5 MILE WALK 1/4 MILE KIDS' RUN

Saturday November 11th 2017

TO SUPPORT



# **About My Sister's House**



My Sister's House exists for the cause of Christ and is called to share the vision, hope, and the future in Him to hurting single women and their children. This ministry extends the compassion of Christ through biblical counseling, safe community, safe shelters, food assistance and adequate clothing to all its guests without partiality. A focus is to individualize relational care providing Counseling/Advocates to assist with the coordination of sustainable resources. My Sister's House also helps facilitate the transition of its qualifying residents to selfcare circumstances as the final goal.

This ministry is funded by donations and is staff by a team of volunteers. 100% of the proceeds from the race/walk will go directly to My Sister's House. For more information about this ministry, visit:

http://mysistershse.org/

#### **Event Information**

The Run for the House event will consist of a timed 5K and 10K as well as an untimed 1.5 mile walk and 1/4 mile kids' fun run. Not up for a lap on our course or want to send your support from afar? You can donate to MSH any time!

Donations can be sent to:

My Sister's House
c/o Mark and Tammy Herrmann
112 Hilldale Ave
Washington, IL 61571



Community Running Club is hosting a training to help you get in shape for the race and beyond. Jump in anytime!
For information on the training go to the race link.

#### **Course Information**

Run for the House will take place on a 1.5 mile cross country style loop course around the property of Bethany Community Church.

Jogging strollers are welcome on the course, but please note that the course is not paved and is narrow in some areas. For safety reasons, no pets are allowed on the course.

Sign up online here: www.bethanycommunity church.org/runforthehouse

# **Pricing**

Register by October 14th to receive early bird pricing! All 10K, 5K, and walk participants will receive a race shirt.

10K \$35 / \$40 after 10/14

5K/Walk \$30 / \$35 after 10/14

Kids' Run \$15 (with shirt) \$5 (without shirt)